

# The Swimming Parent Guide

Welcome to HAYST swim team. We are very happy to have you on our team this year and hope you have a great experience. Listed below are some things to help you get through the season.

## Schedule

Schedules differ by swim level. Please refer to the last page of your handbook for the schedules and prices. You are able to do as many practices as you would like.

Saturday mornings we normally have a smaller crowd and some of the parents started making breakfast for the team. There will be a sign-up sheet for anyone who would like to provide breakfast for the team (more than one parent can sign up, it can be a group effort). If no one signs up that day we won't have breakfast. Reminder we will not have breakfast or practice on the Saturday's we have swim meets.

## Suits and Swim Caps

We do have a team suit that you can order at registration. If you would like to order it after registration you can order at the web sites below. Please pick the blue and orange for the color choice.

For males:

<https://www.swimoutlet.com/searchresults.asp?Search=Reliance+men+veyron&checkRealSearchInput=Y#page=1&search=Reliance+men+veyron&catlvl=1&sortBy=Relevance&viewall=no>

For females:

<https://www.swimoutlet.com/p/dolphin-reliance-womens-veyron-v-back-one-piece-swimsuit-8179166/?color=59742>

You are not required to have a team suit so if you would like to use one from last year or one of your own that is fine. You are however required to wear the team cap. You can purchase one at the front desk.

If you do decide to order a team suit, we ask that you get a different suit for practice. Chlorine wears suits out quickly and we would like to keep your competition suit in tip top shape. There are great suits on swimoutlet.com. The best priced suits are under the grab bag section, you choose the size and the brand, and they pick the print.

## **Fundraising**

We encourage everyone to participate in the fundraising that we have throughout the year. Fundraising helps us purchase new equipment and help pay for the website as well as other things. Upcoming fundraisers will be sent out by email.

## **Team Unify**

You will be able to sign up for meets, email coaches, and see upcoming events through the Team Unify website. If you are a new member an email will be sent to you so you can set up your account. If anyone is having trouble setting up your account or has not received emails please email Breanna Kniceley at [bkniceley@harrisoncountyyymca.org](mailto:bkniceley@harrisoncountyyymca.org)

## **Swim Meets**

There are many swim meets throughout the season. We compete against other Y teams and it does involve travel. You pick what meets you would like to go to and what your swimmer(s) will swim. You can always ask coaches for suggestions. There are different types of meets and they are listed below.

### **Dual meet**

**A dual meet** means it would be us and one other team. Normally these meets are relatively short, provided there are no technical issues. There are not any charges for this meet, and there are not any awards.

### **Tri-meet**

**A tri-meet** means that there will be three teams competing. These meets still go quickly, provided that there are no technical issues. There usually are not any charges, and there are not any awards.

### **Invitational**

**An Invitational** is a meet made up of many teams. These meets will go all day, come prepared with activities for your swimmers to do and bring snacks and food as well. There will be charges for these meets. Each meet has different prices and that will be sent out in the email. You can pay your charges at the front desk. Awards are given at these meets.

## Championships

In order to participate in any championship meet, you **MUST** attend at least three swim meets throughout the swim team season. Listed below are the different types of meets and descriptions of what each meet is. If you sign up to attend a meet with fees and you can't attend or don't go, you will still owe the money.

### Futures ages 8 and under only

This meet is for any swimmer who is age 8 or under. The only requirements are that swimmers must have a time for the events that they are wanting to swim and you must attend at least 3 meets throughout the season. There are no minimum time requirements.

### Double AA

This meet is for swimmers who meet certain time requirements and have attended at least three meets throughout the season. The times will be posted on the swim team door when they are sent to the coaches. If you think you have met a time requirement, please check with the coaches and they will be able to confirm.

High School students- in years past this meet has allowed time for the high school state meet to be used. The Y does not get results from the high school state meet so if you would like to attend this meet you must inform the coaches that you have a time so we can collect it from the database.

### Zones

Swimmers must attend three meets to attend. This meet is also for swimmers who meet certain time requirements.

### Y Nationals

This meet also requires certain time standards. Your coaches will inform you if you have any times that qualify.

### Rotary

This meet is a high school meet, but it is a huge fundraiser for HAYST. We need parent volunteers to help with concessions. It is normally at the beginning of December. We will send an email when we have a date.

## Volunteers

We would like to host a meet this year. To put a swim meet together, we need to have many volunteers. Without volunteers we will have to cancel the meet. Listed below are positions that would need to be filled. When we decide on a date, we will inform you by email and you will be able to sign up. Listed below are the jobs that will need filled. Please read each description carefully, as some do require extra training.

**Official Level II-** In order to have this certification you must officiate eight meets as a level one (description below) this person would be the main meet referee and must be present for the meet to count.

**Official Level I-** You would be officiating the swim meet disqualifying swimmers for illegal strokes. You would have to take a class through the Y; a schedule will be posted when we know when classes are. There will be a test. However, it is on your own time and open book. We need at least 3 official level one to run a meet.

**AO-** This person runs the computer program. They must take a class to learn all the rules. There will be a test, but it will be open notes/open book.

**Times-** These people would stand at the start end of the lanes and press the watch to start at the start of the buzzer light and record the time. There will be a brief meeting at the beginning of every meet given by the head official (official II) to make sure everyone understands the rules.

**Back up timer-** This person starts their timer at the sight of the light buzzer and gives their stop watch to any timers watch that does not start or if they forget to start their watch.

**Swimmer coordinator –** This person is in charge of lining up the swimmers (normally just 10 and under) to make sure they are in line and ready to swim.

**Concession Worker-** There will be about three people doing this job and they will sell food and drinks out of the concession area.

## Weather

We will not be allowed to get into the pool if it is thundering or lightning. If it is snowing please use your best judgment. We will send out emails if swim team practice is canceled. We encourage you to join the Y's Facebook page for the latest updates about the pool and other things going on at the Y.