



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# RELAX DE-STRESS RECOVER

**MASSAGE THERAPY  
AT THE HARRISON COUNTY YMCA**



We are now offering a variety of massage therapy techniques! Let us help you improve your health and wellbeing in our newly built massage room.

Base cost is \$70 an hour.

To make an appointment or for more information,  
Call 304-623-3303 or talk to the front desk staff.

**Book Your Massage Today!**  
**304-623-3303**