



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DON'T MISS A BEAT

## Blood Pressure Screenings At the Harrison County YMCA

Revised blood pressure guidelines  
mean more than half of all Americans  
have high blood pressure.

**Are you at risk?**

Find out at our blood pressure  
screening event hosted by AB Nursing Students.  
(This event is free and open to the public.)



**Dates:** **Tuesday, February 20th**  
**Thursday, February 22nd**

**Time:** **9:00 am – 1:00 pm**

**Where:** **Multipurpose Room**



United Way  
of Harrison County, Inc.