



HARRISON COUNTY YMCA
Lowndes Hill Park
P.O. Box 688
Clarksburg, WV 26302-0688
304-623-3303

SWIM TEAM PROGRAM

I. AUTHORITY

All programs associated with the Harrison County YMCA (YMCA) shall function within Policies and Procedures adopted, and as amended from time to time, by the YMCA Board of Directors.

To articulate the expectations for Harrison Area YMCA Swim Team (HAYST) swimmers, as well as any YMCA members using the pool, the Board of Directors of Harrison County YMCA has adopted policies to guide the Aquatic Program.

II. POLICY

A. Responsibilities. (Generally, see job descriptions for more detailed lists of responsibilities).

1. Program Director. Together with the Executive Director, exercises appropriate oversight and supervision to ensure that the aquatics program operates in accord with these policies.

2. Aquatics Director. The Aquatics Director exercises appropriate oversight and supervision to ensure that the aquatics program is operated in accord with these policies. He or she also performs the following specific functions:

a. Together with the Program Director and the Executive Director, hires and evaluates instructors, coaches, and lifeguards.

beforehand by the YMCA. The YMCA will not unreasonably withhold association funds, nor will the YMCA spend association funds for purposes not approved by the swim team association. The swim team association shall be provided with a monthly accounting of funds deposited with the YMCA.

b. The swim team association may not hire, contract with, or retain coaches, officials, or instructors, whether for compensation or as volunteers. This is a YMCA function delegated, where appropriate, to the head coach, the aquatics director and/or the program director. The swim team association may assist the YMCA by making recommendations to the head coach, the aquatics director, or the program director.

B. Code of Conduct - Swimmers

An acceptable standard of behavioral conduct is expected of all swimmers. The YMCA professional coaches will work to develop our children into better swimmers and more importantly, disciplined people. It is absolutely essential that all swimmers, parents or guardians give the coaching staff the respect and authority they deserve to run the swim team. YMCA coaches are hired for that purpose. The following is the YMCA standard of swimmer behavior and conduct:

- Do your best in school just like you do your best in the pool. The respect you earn is for the total person, not just the swimmer. The better you do in school the better you will feel about yourself and the better you will perform. Be the person you want others to look up to.
- Listen to your coaches! They are on deck, at the meets and at all HAYST activities for your sole benefit. Use their wisdom, experience and advice for its intended purpose: to bring out the best in you and your swimming!
- Drowning, slip and fall, and other injuries are always a present risk. Therefore, children not participating in swim practice or competitions must be accompanied by a responsible adult.
- No one should ever submerge below a pool cover, nor climb on lane lines, cover reels or lane line reels.

until all supplies and training aids are returned to the storage closet.
The more people helping the faster it will go!

- Make some noise! Support each of your teammates in the pool, whether it is at practice and, especially, at meets. Encourage them to do their best and deliver an outstanding performance. Not only will they do the same for you, people will know HAYST is in the pool!
- Always remember to wear your HAYST apparel. People will know who you are when wearing your suit, shirt and cap and that HAYST is in the building!
- Never interrupt or confront the coaching staff in an inappropriate manner; give them the respect they deserve.
- Never use abusive language.
- Never engage in any behavior that brings discredit or disruption to your fellow swimmers and HAYST.

Have Fun!

Should a HAYST swimmer conduct themselves in such a way that brings discredit or discord to HAYST or YMCA/USA Swimming, they voluntarily subject themselves to disciplinary action. The YMCA maintains the right to terminate any membership, with cause, in upholding the YMCA mission.

C. Swim Meet Policies

- No swimmer shall attend a meet unless accompanied by a parent or a chaperone arranged by the swimmer's parents.
- No swimmer shall drive a car to or from an away swim meet unless accompanied by a parent.
- Meet warm-up times, which are set by the coaching staff and published in the team meet information, are to be strictly adhered to by all team members.
- Team members must check with the coaches prior to leaving a meet.

- All swimmers and chaperones traveling with the team will attend all team functions and are expected to know all travel / meeting schedules and strictly adhere to them. Coaches will establish warm-up times and other trip related timetables as needed. Being prompt and on time is essential.
- Swimmers are expected to remain with the team at all times during a trip. Swimmers are not to leave the pool, the hotel or any other place at which the team has gathered without the permission of a coach or chaperone.
- Rooms are to be treated with respect and kept neat. Belongings should be kept together and all trash deposited appropriately. Any damage to rooms will be the responsibility of the parties involved and may result in being sent home early from a trip.
- Male swimmers are not allowed in female swimmers' hotel rooms, nor are female swimmers permitted in male swimmers' rooms unless a chaperone / coach has granted permission (i.e., for a small group to watch a movie). Swimmers are to refrain from inappropriate physical contact. All swimmers are expected to strictly adhere to the curfew established by the coaching staff. At curfew, all lights, TV's, electronic equipment, etc. must be turned off and no talking is permitted.
- Swimmers are expected to be quiet and respect the rights of teammates and other hotel guests during evening hours and the rest time between preliminaries and finals. There is to be no telephone use after curfew and no room-to-room telephone use during afternoon rest time.
- All telephone and incidental room charges must be paid prior to curfew on the final night of the trip.
- When group meals are contracted for with a hotel or restaurant, all swimmers and chaperones on the trip are expected to participate in and share the cost of these meals.

D. Drug, Alcohol & Tobacco Policy

The YMCA's goal is to promote the health and safety of swimmers. The YMCA is committed to an alcohol, tobacco, and drug-free swim team. So that they can be mentally and physically prepared for the challenges of training and competition, team members are prohibited at all times from using, possessing, selling, manufacturing, or dispensing alcohol, tobacco, or illegal drugs. Team members are also prohibited from abusing prescription or over-the-counter drugs. Team members violating this policy will be subject to discipline depending upon the circumstances, up to and including expulsion from the team and/or revocation of membership.

E. Parent Code of Conduct

The following standard of the Harrison County YMCA is expected for parental behavior and participation:

- Open communication between parents, swimmers and coaches for the purpose of goal-setting and focusing on the performance expectations of both the swimmer and the parents;
- Meeting with the coaches / swimmers / parents during normal operating hours to discuss issues;
- Positive reinforcement of all swimmers in all situations - team spirit, team loyalty;
- Parental involvement on the Board of Directors and in organizing and running of meets and other team events.

Harrison County YMCA and HAYST will not tolerate the following parental behavior:

- Coaching your children at practice or during meets; that is the coach's job;
- Interrupting or confronting the coaching staff on the pool deck during practice or meets;